

## Hello Squirrels, Rabbits & Hedgehogs,



We hope you are well and are keeping busy at home with your learning. Your teachers are thinking of you and hoping that you have enjoyed this week's beautiful weather. This week, we thought about setting you tasks that will take you outside or help you become proficient helpers in the home, developing some key life skills along the way. Have a look and see which of these appeals to you this week:

<p><b>Joe Wicks Kids Workout</b></p> <p>Start your morning with Joe Wicks Kids Workout streamed live on You Tube at 9am, Monday to Friday. Be prepared for high kicks, star jumps and lots of fun.</p> <p>Get Mum or Dad to join in this 30 minute gym session.</p> 	<p><b>Doing the Laundry</b></p> <p>Learn how to separate clothes, measure, add detergent with adult supervision and choose a setting.</p> <p>Can you hang, fold and put away washing?</p> <p>Could you be a Washing Warrior?</p> 	<p><b>Write a Letter</b></p> <p>Cheer a friend or relative up by sending them a lovely letter.</p> <p>Can you include the five parts of a letter? Date, greeting, body, closing &amp; signature?</p> <p>Address the envelope, pop on a stamp and post the letter on your walk.</p> 
<p><b>Prepare a simple Meal</b></p> <p>Can you make sandwiches for a family lunch? Cut tomatoes, rip lettuce or butter bread?</p> <p>With adult supervision, try helping make dinner by learning to use a peeler for potatoes and carrots. Try slicing onions and cucumbers using a knife.</p> <p>You might just end up being the next Junior MasterChef!</p> 	<p><b>Become a First Aid Champion</b></p> <p>Do you know how to apply a plaster or what to do if someone suffers a burn?</p> <p>Go to <a href="http://firstaidchampions.redcross.org.uk/">firstaidchampions.redcross.org.uk/</a> to learn how to do this.</p> <p>You could end up saving someone's life!</p> 	<p><b>If you use it, clean it!</b></p> <p>That machine in the kitchen doesn't fill itself. Do you know how to fill and empty the dishwasher? Do you know how to load it correctly, add tablets and choose a program? Will you be there when the program finishes to empty it?</p> <p>If you don't have a dishwasher, have a go at washing and drying plates, cups and saucepans by hand. Leave the knives to the adults though!</p> 
<p><b>British Trees</b></p> <p>Use the Woodlands Trust Tree Identification app to learn to identify British trees. Do you know your oak from your hazel? Or the Ash from the Elm? Which trees do conkers grow on?</p> <p>If you don't have the app, use the identification pages below.</p> <p>Are you a super spotter?</p> 	<p><b>Spring Flowers</b></p> <p>The soil is warming up and all round Narcissi are blooming. Know what that is? On your walk, see if you can identify 5 spring flowers that are blooming now.</p> 	<p><b>Manage Your Time</b></p> <p>Create a timetable for yourself where you plan your day, with your parents help, allocating time for school learning (all the activities you went home with last Friday), daily exercise in and outside the house, (Jo Wicks PE, Identifying flowers, trees, birds....) and helping in the house (learning how to cook, clean and being a first aider).</p> 