



C of E Primary School

Sun Safety Policy and Guidelines

June 2011

Too much exposure to ultraviolet light radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer.

The school recognises its responsibility in making the children aware of the dangers of the sun and gives them advice on how they can protect themselves on hot days. Reference to our school policy is made in the Summer Newsletters and our Curriculum coverage letters, so parents are fully informed.

Practical Measures

The children are told about the dangers of the sun and dehydration through the PSHE curriculum, and assemblies.

On sunny days, during the Summer and early Autumn Terms, they are expected to wear sunhats at playtimes and during outside P.E. lessons. There are hats available in school for children to borrow.

Children are encouraged to put sunscreen on before coming to school, to bring and apply sunscreen during the midday breaks, before engaging in outside P.E. lessons and after swimming lessons.

They are encouraged to bring in their own water bottles so they can take refreshment freely during the day and especially when they are taking exercise. Water is also provided through fountains and water coolers.

Shady areas are provided for the children and we encourage them to play there.

This policy is monitored by the Governing Body and will be reviewed every two years, or before if necessary.