Surrey Hills All Saints

Primary School



Relationship, Sex and Health Education Policy (RSHE)

Presented to Local Committee	Spring 2024
Lead SMT	Headteacher
Approved by Local Committee on:	May 2024
Review Cycle:	2 Years
Review Date:	Spring 2026

1. Context

This Surrey Hills All Saints(SHAS) Relationship, Sex and Health Education (RSHE) Policy has been developed specifically for and by SHAS, underpinned by the school vision and values:

Our Vision: To aspire, grow and succeed together

Our Aims and Ethos

- To create a purposeful, aspirational, nurturing and safe environment within which our children build self-confidence and resilience
- Provide an educational experience that enriches all within the school community engendering social, emotional, spiritual and cultural diversity
- Deliver an inspirational and engaging curriculum, enabling every child to achieve and develop a lifelong love of learning

Our Values

Love	Show love for ourselves and each other	
Believe	Have confidence in ourselves and in those around us	
Respect	Demonstrate respect for everybody and everything	
Aspire	To challenge ourselves, do our very best and work hard	
Achieve	Achieve To reach our full potential	
Норе	To make everyday a better one and envision the future	

2. Aims

As a school founded on Christian Values, we undertake to follow the principles in the Church of England Charter for faith sensitive and inclusive relationships education, relationships and sex education (RSE) and health education (RSHE).'

Our values are underpinned by two key Biblical passages: "So God created humankind in his image, in the image of God he created them" (Genesis 2:7)

"I have come in order that you might have life - life in all its fullness" (John 10:10)

We acknowledge the Equalities Act 2010

www.legislation.gov.uk/ukpga/2010/15/contents At Surrey Hills All Saints, everyone will be treated with dignity, as all people who are made in the image of God and are loved equally by God.

All pupils have a right to an education which enables them to flourish and is set in a learning community where differences of lifestyle and opinion (within that which is permissible under UK law) are treated with dignity and respect; where bullying of all kinds is eliminated; and where they are free to be themselves and fulfil their potential without fear.

SHAS Safeguarding policies and practice can be found on the school website. <u>Surrey Hills All</u> <u>Saints Primary School - Policies (surreyhillsprimaryschool.org.uk)</u>

SHAS is a school within the Good Shepherd Trust (GST). The GST has published its Statement of Intent for RSHE (Annex). It aligns with Statutory Guidance that the school's RSHE Policy should be relevant and appropriate for the pupils, developed in consultation with staff and parents within the context of the local community. Its review and approval of the policy has been delegated to the Local Committee via its Scheme of Delegation defined in the Governance Handbook.

3. Statutory Guidance

This policy is structured around the Statutory Guidance for Relationships and Sex Education (ref 1 in Annex) and covers:

Mandatory Subjects

- defines relationships education
- sets out the subject content, how it is taught, how parents can view curriculum materials and who is responsible for teaching it
- describes how the subject is monitored and evaluated
- includes information to clarify why parents do not have a right to withdraw their child
- confirms how the policy has been produced, who approves the policy and the date by which the policy will be reviewed

Non-mandatory subjects

SHAS chooses to teach sex education. This policy therefore:

- defines any sex education we choose to teach other than that covered in the science curriculum
- sets out the subject content, how it is taught and who is responsible for teaching it
- describes how the subject is monitored and evaluated
- includes information about a parent's right to request that their child be excused
- confirms the date by which the policy will be reviewed

This policy also covers:

- details of content and scheme of work and when each topic is taught, taking account of the age of pupils
- who delivers either Relationships Education or RSE
- how the policy has been produced, and how it will be kept under review, in both cases working with parents
- how delivery of the content will be made accessible to all pupils, including those with SEND
- explanation of the right to withdraw
- requirements on schools in law, such as The Equality Act 2010: advice for schools
- how often the policy is updated
- who approves the policy

4. RSHE Curriculum Principles

Our school seeks to ensure that the RSHE curriculum protects, informs and nurtures all pupils. It clearly differentiates between factual teaching (biology, medicine, the law, marriage, different types of families and the composition of society) and moral teaching about relationships and values, recognising that the distinction can be easily blurred and that there needs to be discernment about the manner in which this is taught.

We teach RSHE within a moral (but not moralistic) framework.

RSHE in Surrey Hills All Saints is about what constitutes wellbeing and loving care for ourselves (physical and mental health education), how we show loving care for others (relationships education) and, when at an appropriate age and stage in life, how we show loving care to those we choose to be intimate with, including within marriage (sex education).

It is also about the spiritual and moral aspects of healthy, loving and nurturing relationships within a context of a Christian vision for the purpose of life.

Pupils will consider how to ensure that they treat themselves and others, at all times and in all contexts, with dignity and respect.

These aims are reflected in the whole of the school curriculum. They are interdependent and cannot be achieved without the provision of the PSHE curriculum.

All RSHE Curriculum aspects will be presented in an age-appropriate way and primarily delivered by teaching staff. Professional specialists and pre-prepared material will be used where appropriate.

Relationships Education

Definition: Relationships Education is learning about how to:

- be appreciative of existing relationships;
- form new healthy friendships; and
- enjoy strong positive, caring, relationships with good boundaries, online and in person.

This will particularly refer to family relationships (including marriage), friendships and relationships with peers and adults.

Subject content is set out in our Kapow parent guide.

Sex Education

This is not mandatory at a Primary School level but SHAS chooses to include Sex Education as part of its RSHE Curriculum.

Parents right to withdrawal their child from sex education

Parents do have the right to excuse their children from the Sex Education aspect of RSHE. They can do so by making concerns known and applying in writing to the Headteacher. The school will invite any enquiring parents or legal guardians to talk through concerns. An explanation of the rationale for RSHE will be given; an opportunity will be offered to review the intended materials and to consider the impact of not receiving sex education with peers.

Withdrawing a child from sex education remains a statutory right as a parent or legal guardian. If a pupil is excused from sex education it is the school's responsibility to ensure that the pupil receives appropriate, purposeful education during the period of withdrawal. There is no right to withdraw from relationships education or health education.

Health Education

Definition: Health education is learning about physical health and mental wellbeing so that pupils can make wise choices to ensure their own flourishing and the flourishing of others.¹

These are the requirements for RSHE from the Department for Education [click here]

How will RSHE be taught in our school?

RSHE will be delivered professionally and as an identifiable part of our PSHE and Wellbeing Curriculum using the Kapow scheme of work. It will be led, resourced and shared with parents through the Kapow parent guide It is a planned programme delivered in a carefully sequenced way.

RSHE will be delivered in a way that affords dignity and shows respect to all who make up our diverse community. It will not discriminate against any of the protected characteristics in the Equality Act and will be sensitive to the faith and beliefs of those in the wider school community. RSHE will seek to explain fairly the tenets and varying interpretations of religious communities on matters of sex and relationships and teach these viewpoints with respect. It will value the importance of faithfulness as the underpinning and backdrop for relationships. It will encourage pupils to develop the skills needed to disagree without being disagreeable, to appreciate the lived experience of other people and to live well together.

RSHE will seek to build resilience in our pupils to help them form healthy relationships, to keep themselves safe and resist the harmful influence of the excesses of media in all its forms.

RSHE will promote healthy resilient relationships set in the context of character and virtue development that sits within the schools Christian Vision and Values.

Values such as such as honesty, integrity, self-control, courage, humility, kindness, forgiveness, generosity and a sense of justice

All staff teaching this sensitive and important subject will have received training. This training will be regularly reviewed and revisited.

Pupils with SEND will have had the content made accessible to them in a sensitive and differentiated manner.

At Surrey Hills All Saints RSHE is taught by confident trained staff. It is important that pupils have confidence in the teacher and that a 'safe space' is created where pupils feel confident and can ask age-appropriate questions.²

RSHE will be monitored and evaluated

This will follow the same monitoring and evaluation processes used throughout the school for other subjects i.e. pupil conferencing, work reviews, learning walks etc.

Policy Review

This policy will be reviewed every: 2 years It is due to be

reviewed again in May 2026

It was approved by the Local Committee at meeting 20th May 2024

This policy has been produced by consultation with the Diocese of Guildford and our Local Committee.

It has been produced in consultation with parents and will be reviewed in consultation with parents. It must, however, be recognised that the law specifies that what is taught and how it is taught is ultimately a decision for the school.

ANNEX: Useful Relevant Links

Re f	Description	Weblink
1	Statutory Guidance: Relationship s and Sex Education	Relationships and sex education (RSE) and health education - GOV.UK (www.gov.uk)
	Guide for Parents	Understanding Relationships and Health Education - a guide for primary school parents (publishing.service.gov.uk)
	Press Release 31 st March 2023	Review of relationships, sex and health education to protect children to conclude by end of year - GOV.UK (www.gov.uk)
	Review of Statutory Guidance May 2024	Review of Statutory Guidance May 2024
	Statutory Guidance: Keeping Children Safe in Education	Keeping children safe in education - GOV.UK (www.gov.uk)
	The Equalities Act 2010 Guidance	Equality Act 2010: guidance - GOV.UK (www.gov.uk)
	Church of England Charter	https://www.churchofengland.org/about/educati on-and-schools/church-schools-and- academies/relationships-sex-and-health- education
	Good Shepherd Trust: Statement of Intent	Our Curriculum Approach - The Good Shepherd Trust PHSE_RHE/RSHE-Statement- of-Intent-January-2020.pdf
	School Website – Policy page	<u>Surrey Hills All Saints Primary School - Policies</u> (surreyhillsprimaryschool.org.uk)