

Physical Education at Surrey Hills All Saints

Intent, Implementation and Impact

Intent

At Surrey Hills All Saints our intent is to deliver a high quality, inclusive physical education curriculum that inspires all children to live healthy and active lives. Children develop skills and knowledge of sports and activities that enable them to thrive and develop both physically and mentally. We foster the children's curiosity to try different sports and activities and embed values such as respect, fairness and teamwork. Children are able to immerse themselves in our wide and varied clubs, competitions and festivals. They have fun and experience sporting success. Surrey Hills All Saints children leave school with a love of physical activity that we hope will continue throughout their lives.

The National Curriculum for Physical Education aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for a sustained periods of time
- Engage in competitive sports and activities
- Lead healthy active lives

Implementation

Planning and Resources:

The Surrey Hills All Saints physical education curriculum is designed to develop progressive skills and knowledge across the school as well as an awareness of the importance of physical activity for health and fitness.

All years take part in two, one hour lessons of PE per week. All sport is mixed so that all genders have the same opportunities. Teachers discuss sporting role models as part of the learning. Children have the opportunity to work with others within lessons, clubs and external competitions.

The Early Years foundation Stage (EYFS) curriculum follows the EYFS guidance. Teaching is supported by resources such as write dance and imoves.

Years 1-6 follow the units in the long term plan of dance, gymnastics, games, athletics and swimming (year 3/4 all swim in the summer term and children not yet reaching national curriculum requirements attend a 'top up' swimming course in year 5). In year 3-6 the games activities rotate on a 2 year programme to offer a variety of sporting experiences.

Teachers follow planning, provided by the PE lead for all lessons. These plans build up skills and knowledge and ensure progression throughout the school. In dance teachers follow 'imoves' planning which provides age and topic related dance lessons with supporting videos. Teachers choose topics/units to relate to their year groups 'Big Question'.

In addition to the 2 hours of Physical Education, teachers use 10 minute active blasts during the day from Jump Start Johnny / imoves /laps of the track/skipping.

Opportunities for Physical Education outside the curriculum:

There are a wide variety of sports clubs for the children to join at lunchtime and after school. These clubs are open to all children and are very well attended. Any children not taking part in a sports club are invited to attend a Change 4 Life lunchtime club.

The schools participates in the extensive programme of Dorking School Sports Partnership and Active Surrey sporting fixtures and festivals and have considerable success at both district and county level. These successes are celebrated, by the school, in assembly.

Surrey Hills All Saints also links to numerous local sports clubs with coaches supporting some of our after school clubs.

Assessment:

During PE lessons assessment for learning strategies are used such as questioning, feedback, peer and self-assessment. At the start and end of each unit teachers complete the Devon Pedpass assessment document which records attainment at the start and progress by the end of a unit. Twice a year teachers complete a data drop. This is analysed by the PE lead who then can then target children or classes not reaching expectations as well as those exceeding.

Cross Curricular

Pupils make links between science and PSHE through their understanding of the body, health and fitness. The dance units make links to the phase 'big question' and other curriculum subjects. Mathematics is used purposefully for children to record and time performance and personal best.

Impact

Most children leave school reaching expected to exceeding in Physical Education.

To monitor the impact of learning, the PE lead also interviews children from each class to ensure that they understand their learning and the benefits of exercise to their health and also that they are having fun and enjoying the range of activities offered. Research tells us that if children enjoy sport they are more likely to continue with this throughout their lives.

The school teams have enjoyed considerable success at district and county level competitions. Recently, we won the Dorking district cross country competition and reached the county finals in sports hall athletics, hockey, gymnastics, KS1 'Physi Fun' (multi-skills) and are county champions for tri-golf.

Pupil Voice

Pupil voice tells us that children enjoy PE at school and the variety of activities offered. They love taking part in the extensive range of clubs, festivals and competitions. They can also talk about their achievements and the fun they have had taking part, often asking when the next event will occur.

Pupils can make links between sport and health. They understand the impact being active has on their health and wellbeing.

Monitoring and planning tells me that children develop progressive skills and knowledge as well as an awareness of the importance of physical activity for health and fitness. Deep engagement is noted within lessons, uptake of clubs on offer and quality of team's performance in external competitions.